WEA Course information sheet 2020-21



Level: I evel 1

Specific funder/partner requirements:

Awarding body (if any):

Title of qualification to be gained:

Fee: £25.60 or **Free** if you are in receipt of an income related benefit (only SFA funded)

Accreditation Fee (if applicable):

Venue: Online Learning, Online, ZZ99 9ZZ

Theme(s): The WEA has four themes it uses for planning its provision.

Employability – helping students to get a job or to make progress in their employment

Health and Wellbeing – making a positive contribution to their own or others health and wellbeing

Community Engagement – encouraging students to be positively involved in their communities

Culture – learning about diverse cultures, identities and environments

The Theme(s) used in planning your course is/ are:

1. Health and Wellbeing

2.

Course Aim

In this four week course your tutor will guide you through confidence boosting, communication, and positive thinking so you can clearly see the all the potential that is inside you.

Course Description

In this four week course your tutor will guide you through confidence boosting, communication, and positive thinking so you can clearly see the all the potential that is inside you.

Do I need any particular skills or experience?

What will I achieve?

By the end of the course I will be able to:

- 1. Give an assertive reply
- 2. Identify positive traits
- 3. Define confidence and self-esteem
- 4. State the difference between assertive, aggressive and passive aggressive behaviour

What teaching methods will be used and will there be work outside of the class?

- The WEA's digital learning platform, Canvas will be used to provide resources or to support

lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. If you want to understand more about our digital learning platform please visit: http://bit.ly/WEAonline

What kind of feedback can I expect from the tutor?

- A range of informal activities will be used by the tutor to see what you are learning which may include quizzes, question and answer, small projects and discussion

What else do I need to know? Is there anything I need to bring?

- What you need: You will need an internet connection, speakers, a microphone and a webcam so that you can use our video learning platform, Zoom. If you'd like to understand more Zoom please visit: http://bit.ly/ZoomSpec

Pre-course work, reading and information sources

- No pre reading or pre course work is required

Possible next steps after this course (including career opportunities if appropriate)

- Progress to another WEA course
- Progress to a course with another provider

Learning with the WEA

WEA courses increasingly make use of the rich variety of educational tools and material available on the internet and from digital devices. The WEA's digital learning platform, Canvas will play an increasing role in all WEA courses to provide resources or support, or to conduct lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. It is helpful, although not essential if you have access to a computer or smartphone to support your course.

You can read about your entitlements and responsibilities as a WEA student in our leaflet, Student Handbook here http://www.wea.org.uk/learn-wea/student-support This includes information on fees, learning support and financial support. As part of your course you accept our Learning Agreement and Privacy Notice. Full details of the Learning Agreement and privacy notice can be found on our website at http://www.wea.org.uk/policies. This applies to all courses you take in this academic year.

You can enrol online for most courses http://www.wea.org.uk/learn-wea/course-search or contact: WEA Support Services, Suite 10B Joseph's Well, Hanover Way, Leeds, West Yorkshire, LS3 1AB Tel: 0300 303 3464 Email: courseenquiries@wea.org.uk







The Workers' Educational Association (WEA) is a charity registered in England and Wales (number 1112775) and in Scotland (number SC039239) and a company limited by guarantee registered in England and Wales (number 2806910). Registered Office: Workers' Educational Association,

4 Luke Street, London, EC2A 4XW