

WEA Course information sheet 2020-21

Course title: Acapella Singing for Women: Harmony and Health		Course ID: C3678762
Start date: 12/01/2021	End date: 23/03/2021	Day(s)/time(s): Tue 14:15
Number of sessions: 10	Hours per session: 2	Tutor Bridget Cousins
Additional hours:	Online Learning Hours: 0	
Specific funder/partner requirements:		
Awarding body (if any):		Level: Level 1
Title of qualification to be gained:		
Fee: £64.00 or Free if you are in receipt of an income related benefit (only SFA funded)		
Accreditation Fee (if applicable):		
Venue: Online Learning, Online, ZZ99 9ZZ		
<p>Theme(s): The WEA has four themes it uses for planning its provision. Employability – helping students to get a job or to make progress in their employment Health and Wellbeing – making a positive contribution to their own or others health and wellbeing Community Engagement – encouraging students to be positively involved in their communities Culture – learning about diverse cultures, identities and environments</p> <p>The Theme(s) used in planning your course is/ are:</p> <ol style="list-style-type: none"> 1. Community Engagement 2. Culture Education 		

<p>Course Aim Do you enjoy singing? This course enables you to sing in unison or harmony with the tutor and develop harmony skills .</p>
<p>Course Description Singing for Health : learn warm ups for body, breath and voice Sing songs that enhance wellbeing - in unison, harmony or rounds Learn songs from around the world and a little about where they come from and what they mean Use recordings to practise your songs and try out your harmony skills Boost your IT skills by learning how to record yourself singing and contribute to a collaborative online song video This course is for women only. This course builds on previous work with Bridget and we will be using songs already learned in the Singing for Health 'live' group as well as learning new ones Please note during class you will only hear your own voice and that of the tutor. Sadly a full choral experience is not yet possible online.</p>
<p>Do I need any particular skills or experience?</p>
<p>What will I achieve?</p>

By the end of the course I will be able to:

1. Use warm ups for body breath and voice to enhance my health and my singing
2. Sing confidently on my own with the tutor either in unison or harmony
3. Have learned some new acapella songs to enjoy
4. Contribute to an online video song
5. notice maintenance or improvement of health and wellbeing through singing

What teaching methods will be used and will there be work outside of the class?

- The WEA's digital learning platform, Canvas will be used to provide resources or to support lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. If you want to understand more about our digital learning platform please visit: <http://bit.ly/WEAonline>
- The WEA tutor will use a range of different teaching and learning methods and encourage you and the group to be actively involved in your learning
- You may be asked to undertake additional work in your own time to support your learning

What kind of feedback can I expect from the tutor?

- A range of informal activities will be used by the tutor to see what you are learning which may include quizzes, question and answer, small projects and discussion
- You will have opportunities to discuss your progress with your tutor
- You will be encouraged to share your work with the group and discuss your learning
- you will contribute to the making of a short song video which will record the groups progress this term

What else do I need to know? Is there anything I need to bring?

- What you need: You will need an internet connection, speakers, a microphone and a webcam so that you can use our video learning platform, Zoom. If you'd like to understand more Zoom please visit: <http://bit.ly/ZoomSpec>
- You will need a personal email address to join the WEA's digital learning platform, Canvas so that you can receive resources, record your progress and achievement and to work with others and share ideas. If you want to understand more about our digital learning platform please visit: <http://bit.ly/WEAonline>

Pre-course work, reading and information sources

- You will have access to course resources and links to wider learning through the WEA's digital learning platform, Canvas: <http://bit.ly/WEAonline>
- No pre reading or pre course work is required

Possible next steps after this course (including career opportunities if appropriate)

- Progress to another WEA course
- Progress to a course with another provider

Learning with the WEA

WEA courses increasingly make use of the rich variety of educational tools and material available on the internet and from digital devices. The WEA's digital learning platform, Canvas will play an increasing role in all WEA courses to provide resources or support, or to conduct lessons, enable

assessment, provide learner feedback and for other activities for individuals away from the course. It is helpful, although not essential if you have access to a computer or smartphone to support your course.

You can read about your entitlements and responsibilities as a WEA student in our leaflet, Student Handbook here <http://www.wea.org.uk/learn-wea/student-support> This includes information on fees, learning support and financial support. As part of your course you accept our Learning Agreement and Privacy Notice. Full details of the Learning Agreement and privacy notice can be found on our website at <http://www.wea.org.uk/policies>. This applies to all courses you take in this academic year.

You can enrol online for most courses <http://www.wea.org.uk/learn-wea/course-search> or contact: WEA Support Services, Suite 10B Joseph's Well, Hanover Way, Leeds, West Yorkshire, LS3 1AB Tel: 0300 303 3464 Email: courseenquiries@wea.org.uk



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