

Course title: Community Wellbeing Basic		Course ID: C3843937
Start date: 07/01/2020	End date: 25/02/2020	Day(s)/time(s): Tue 09:15
Number of sessions: 8	Hours per session: 5	Tutor Abbey Gray
Additional hours: 5	Online Learning Hours: 0	
Specific funder/partner requirements: Course only open to those residing in the Greater Manchester Combined Authority postcode area		
Awarding body (if any): Title of qualification to be gained:		Level: Entry 3
Fee: £157.50 or Free if you are in receipt of an income related benefit (only SFA funded) Accreditation Fee (if applicable):		
Venue: Shakerley Community Centre, Cumberland Avenue, Tydesey, Wigan, M29 8FU		
<p>Theme(s): The WEA has four themes it uses for planning its provision.</p> <p>Employability – helping students to get a job or to make progress in their employment</p> <p>Health and Wellbeing – making a positive contribution to their own or others health and wellbeing</p> <p>Community Engagement – encouraging students to be positively involved in their communities</p> <p>Culture – learning about diverse cultures, identities and environments</p> <p>The Theme(s) used in planning your course is/ are:</p> <p>1. Employability 2. Community Engagement</p>		

<p>Course Aim</p> <p>This course will allow learners to develop and improve their digital skills using online services, improve their own mental wellbeing and attitude towards work.</p>
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<p>Course Description</p> <p>Learners will begin to learn skills to help with effective job search, team building and helping around the community. The use of research, teamwork and practical activities will help learners to find a more positive approach towards work. This course includes personal topics such as budgeting and identifying own skill sets to support learners in finding a job.</p>

<p>Do I need any particular skills or experience?</p> <ul style="list-style-type: none"> - No skills or experience needed - This course is for beginners

<p>What will I achieve?</p> <p>By the end of the course I will be able to:</p> <ol style="list-style-type: none"> 1. Create a budgeting plan when handling my own money. 2. Access a variety of online services to support me with my personal, work and home life. 3. Improve my own mental well-being and use this to create a better outlook towards work.
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4. Identify my own skill set, strengths and weaknesses and learn how to overcome these.
5. Work independently and as a team to boost confidence to find work.

What teaching methods will be used and will there be work outside of the class?

- You may be asked to undertake additional work in your own time to support your learning

What kind of feedback can I expect from the tutor?

- A range of informal activities will be used by the tutor to see what you are learning which may include quizzes, question and answer, small projects and discussion
- You will have opportunities to discuss your progress with your tutor
- You will be encouraged to share your work with the group and discuss your learning
- You will be encouraged to consider other students work and give your opinions and suggestions
- A file of work will be kept which will help to record your progress
- There will be a number of tasks appropriate to your course such as written work, creating art or craft, video, photography or small projects. Some of these may be marked to help you progress

What else do I need to know? Is there anything I need to bring?

- You will also need access to the internet outside of your sessions. You could do this using a smart phone, tablet, laptop or a desktop computer (at home or through a library etc.).
- All materials will be provided
- A selection of materials and basic equipment will be provided but you are welcome to bring additional materials with you
- It would be helpful if you had access to the internet (Mobile phone, tablet or computer at home or through a library etc.)

Pre-course work, reading and information sources

- No pre reading or pre course work is required
- No pre reading is required but research on the subject on the internet or in the library may be helpful

Possible next steps after this course (including career opportunities if appropriate)

- Progress to another WEA course
- Become involved with the WEA in a range of voluntary work and other activities including campaigning as a WEA member
- Become involved as a volunteer for a WEA partner or another organisation
- Access the WEA What Next? booklet here <http://www.wea.org.uk/learn-wea/what-can-i-do-next>

Learning with the WEA

WEA courses increasingly make use of the rich variety of educational tools and material available on the internet and from digital devices. The WEA's digital learning platform, Canvas will play an increasing role in all WEA courses to provide resources or support, or to conduct lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. It is helpful, although not essential if you have access to a computer or smartphone to support your course.

You can read about your entitlements and responsibilities as a WEA student in our leaflet, Student Handbook here <http://www.wea.org.uk/learn-wea/student-support> This includes information on fees,

learning support and financial support. As part of your course you accept our Learning Agreement and Privacy Notice. Full details of the Learning Agreement and privacy notice can be found on our website at <http://www.wea.org.uk/policies>. This applies to all courses you take in this academic year.

You can enrol online for some courses <http://www.wea.org.uk/learn-wea/course-search> or contact: WEA Support Services, Suite 10B Joseph's Well, Hanover Way, Leeds, West Yorkshire, LS3 1AB
Tel: 0300 303 3464 Email: courseenquiries@wea.org.uk



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