

2. You will learn to use this healing energy on yourself, family members, pets, plants anything that has the vital life force.
3. Understand the history and Origins of Reiki.
4. Learn the 5 principles of Reiki that can be integrated into your everyday life, bringing peace and tranquility within yourselves and your home environment.
5. Adapting this energy to bring many blessings of healing to you, your home, your family, and to tread lightly and respectfully upon Mother Earth.

What teaching methods will be used and will there be work outside of the class?

- The WEA tutor will use a range of different teaching and learning methods and encourage you and the group to be actively involved in your learning
- You may be asked to undertake additional work in your own time to support your learning

What kind of feedback can I expect from the tutor?

- You will have opportunities to discuss your progress with your tutor
- You will be encouraged to share your work with the group and discuss your learning
- You will receive a booklet containing the History and Origins of Dr Mikao Usui Reiki, along with hand positions and the 5 Principles that you will integrate into your every day life

What else do I need to know? Is there anything I need to bring?

- Nothing else is needed
- You may want to have a notebook and pen to take additional notes.

Pre-course work, reading and information sources

- No pre reading or pre course work is required

Possible next steps after this course (including career opportunities if appropriate)

- Progress to another WEA course
- This Certificated course will lead you on to a Level 2 Certificate. On attending and passing the following Level 2 Certificate you will qualify as a Reiki Practitioner and therefore will become a Holistic Therapist enabling you to take clients and to charge for your services.

Learning with the WEA

WEA courses increasingly make use of the rich variety of educational tools and material available on the internet and from digital devices. The WEA's digital learning platform, Canvas will play an increasing role in all WEA courses to provide resources or support, or to conduct lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. It is helpful, although not essential if you have access to a computer or smartphone to support your course.

You can read about your entitlements and responsibilities as a WEA student in our leaflet, Student Handbook here <http://www.wea.org.uk/learn-wea/student-support> This includes information on fees, learning support and financial support. As part of your course you accept our Learning Agreement and Privacy Notice. Full details of the Learning Agreement and privacy notice can be found on our website at <http://www.wea.org.uk/policies>. This applies to all courses you take in this academic

year.

You can enrol online for some courses <http://www.wea.org.uk/learn-wea/course-search> or contact:
WEA Support Services, Suite 10B Joseph's Well, Hanover Way, Leeds, West Yorkshire, LS3 1AB
Tel: 0300 303 3464 Email: courseenquiries@wea.org.uk



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