

What teaching methods will be used and will there be work outside of the class?

- The WEA tutor will use a range of different teaching and learning methods and encourage you and the group to be actively involved in your learning
 - You will be encouraged to follow the tutor and work within the group.
- You will also be encouraged to lead the group.

What kind of feedback can I expect from the tutor?

- You will have opportunities to discuss your progress with your tutor
- Occasional handouts will be offered to aid progress and understanding.

What else do I need to know? Is there anything I need to bring?

- Wear loose comfortable clothing. Flat comfortable footwear, not just socks.
- You may wish to bring a drink.

Pre-course work, reading and information sources

- No pre reading or pre course work is required
 - The tutor will give free website addresses to improve practice.
- The tutor will also give guidance on reading material, DVD's or CD's if requested.

Possible next steps after this course (including career opportunities if appropriate)

- Progress to another WEA course
- Become involved with the WEA in a range of voluntary work and other activities including campaigning as a WEA member
- Become involved as a volunteer for a WEA partner or another organisation
- Continued practice helps maintain levels of fitness, balance and co-ordination to improve health.

Learning with the WEA

WEA courses increasingly make use of the rich variety of educational tools and material available on the internet and from digital devices. The WEA's digital learning platform, Canvas will play an increasing role in all WEA courses to provide resources or support, or to conduct lessons, enable assessment, provide learner feedback and for other activities for individuals away from the course. It is helpful, although not essential if you have access to a computer or smartphone to support your course.

You can read about your entitlements and responsibilities as a WEA student in our leaflet, Student Handbook here <http://www.wea.org.uk/learn-wea/student-support> This includes information on fees, learning support and financial support. As part of your course you accept our Learning Agreement and Privacy Notice. Full details of the Learning Agreement and privacy notice can be found on our website at <http://www.wea.org.uk/policies>. This applies to all courses you take in this academic year.

You can enrol online for some courses <http://www.wea.org.uk/learn-wea/course-search> or contact: WEA Support Services, Suite 10B Joseph's Well, Hanover Way, Leeds, West Yorkshire, LS3 1AB Tel: 0300 303 3464 Email: courseenquiries@wea.org.uk



Education & Skills
Funding Agency



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